**MICRO-INTERNSHIPS**

For a variety of reasons, a traditional semester- or year-long internship might not be possible at your company. Employers can still provide meaningful work experience to students – while also receiving support on projects and tasks – by providing micro-internships. Micro-internships are short-term, project-based assignments that students or recent graduates can take on for employers. Students benefit from being paid for their time, similar to a contractual role, and from gaining work experience to add to their resume. Employers benefit from receiving capacity for project-based work, at rates much lower than what consultants typically charge.

The Chamber can support employers seeking to offer micro-internships in the following ways:

* Student recruitment
* Creating a cohort for students to network and learn
* Providing recommendations on projects and related skills/competencies
* Support with designing projects and onboarding students

Below we have compiled resources and best practices for hosting micro-internships at your business.

*Tools & Templates: Designing a Micro-Internship*

[MIT](https://capd.mit.edu/employers/post-jobs-and-internships/micro-internships): Micro-Internships

[Ohio State University](https://careers.osu.edu/employers/virtual-and-micro-internships): Developing a Virtual or Micro-Internship

[Society for Human Resource Managers](https://www.shrm.org/resourcesandtools/hr-topics/organizational-and-employee-development/pages/micro-internships-building-work-experience-and-resumes.aspx): Micro-Internships Build Work Experience and Resumes

[University of Wisconsin](http://ccwt.wceruw.org/documents/CCWT_report_COVID-19%20Internships.pdf): What to do about internships in light of the COVID-19 pandemic?

*Tools & Templates: Administration*

[Indiana INTERNnet](https://www.indianaintern.net/micro-internships-students): Micro-Internships

[Parker Dewey](https://www.parkerdewey.com/): Parker Dewey helps employers build a better entry-level talent pipeline, specifically focused on micro-internships.